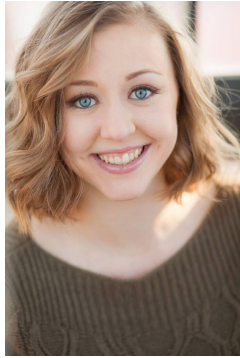


# SARAH RIDENHOUR

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sarahridenhour.com

## CHOREOGRAPHY

**Kings Dominion** — Doswell, VA — 2017-Present

- Haunt, WinterFest & Summer seasons

**Chickahominy Middle School** — Mechanicsville, VA — 2024-Present

- Disney NEWSIES JR.

**Atlee High School Marching Band** — Mechanicsville, VA — 2018-Present

- Select sections of half-time show with color guard members

**VA School of Vocal Performance** — Quinton, VA — 2019-2021

- Beginner, intermediate & advanced dance groups

**Macy's Great American Marching Band** — New York City, NY — 2017

- Dancers featured in the Macy's Thanksgiving Day Parade

**Student Choreography Showcases** — Winchester, VA — 2011-2015

- Original, restaged, and site-specific work

**Miss Mechanicsville Pageant** — Mechanicsville, VA — 2011-2014

- Scholarship pageant for high school students

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## Awards

- The Charlotte Fund — 2014
- Scott Scholarship for Artists — 2013

## Certification

Barre Above

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## TEACHING EXPERIENCE

**The Dance Company** — Mechanicsville, VA — 2020-Present

- Private lessons, Jazz, Contemporary/Lyrical

**Pulse Barre Studio** — Mechanicsville, VA — 2022-Present

- Low impact, high intensity workout that incorporates movement from pilates, yoga and ballet

**Shenandoah Conservatory Arts Academy** — Winchester, VA — 2015-2017

- Substitute instructor in all styles

**Kay's School of Dance** — Stephens City, VA — 2016-2017

- Ballet, Contemporary/Lyrical, and Hip Hop

**Legacy School of Dance** — Midlothian, VA — 2016-2017

- Ages 3-13 summer intensive

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## EDUCATION

**Shenandoah University** — Winchester, VA — 2015

Bachelor of Fine Arts in Dance, Psychology minor